



What's on?

**EVENT SCHEDULE**

WINTER 2024-2025



## BEAUFORTAIN GUIDES OFFICE

Registration at the Tourist Office of Arêches-Beaufort

or [www.areches-beaufort.com](http://www.areches-beaufort.com)

permanence every Sunday at the skiset store –

Place du Capitaine Bulle - 18h

More information: 04 79 38 37 57 and [info@areches-beaufort.com](mailto:info@areches-beaufort.com)

Ski touring, climbing the Grand-Mont	Sunday January 19 and Tuesday January 21 , from 8.30 am to 1.30 pm	95€ provide ski (or hiker) pass
Ski touring - level development	Thursday January 23 , from 8:30	95 €
Other Outings (Free ride / cascades de glace) in private packages on request. Contact: 06 48 90 49 39		



[www.beaufortainrandonnee.fr](http://www.beaufortainrandonnee.fr)

## BEAUFORTAIN RANDONNEE – Snowshoeing

Guided tours in the mountains.

Information and registration at the Tourist Office

Or the ESF of Arêches or Planay.

Contact person for information: 06 70 91 29 11



<b>Monday 20</b>	<b>2pm - 4:15pm</b>	<b>Initiation, discovery Chalets de Foliet (c) sector Planay. Rdv ESF Planay level :discovery . Ascent :+100m. Panorama,Chalets</b>
<b>Tuesday 21</b>	<b>9:3am – 11:445am</b>	<b>Discovery of the Cuvy (c) viewpoint - Ski Area Rdv: chairlift summit Gd Mont. Level: discovery, ascent+ 100m</b>
<b>Wednesday 22</b>	<b>1:45pm – 4:15pm</b>	<b>Bersend Plateau (c) Bersend sector. RDV: ESF Arêches. level: walking. difference in altitude: +150m Carpooling. Wildlife, heritage, hamlet</b>
<b>Friday 24</b>	<b>1:45pm – 4:30pm</b>	<b>Chalet des Plachaux (L) sector Mappaz rdv: ESF Arêches Level: walk. difference in altitude: +200m Carpooling Fauna, heritage, forest</b>

Access to the start of the hike can be done by car or by ski bus for a departure from Planay  
 Group or private outing, we work together on the ride of your choice: **06 14 59 69 63 - 06 86 31 78 05**  
 Rates: 1/2 day: from 30€. (- 15 years: 17€). Rate day: 45€ (-15 years 35€) .  
 Come to the meeting place with your equipment. Return times given for information purposes.  
 Depending on the conditions, the location of the hike may be changed.

## PHOTOGRAPHER

The photographers of Cap sur Image invite you to meet them either during ski lessons supervised by ESF instructors, or for a family photo taken on appointment, or at the bottom of the ski slopes or at your chalet. Have a nice holiday! Cyril, Gaëlle and Thomas **06 81 01 97 64**

# WHAT'S ON THIS WEEK ?

From 18/01/25 to 24/01/25

## SATURDAY JANUARY 18

### Bronzés After-Ski Party

🕒 7pm 📍 La Terrasse d'Isa - Le Planay

*Dancing Evening 80s to today, intergenerational with Dj'za and its Savoyarde Specialties without Reservation.*

☎ +33 (0)4 79 89 75 41

### House - Bass music - techno to the Télémark

🕒 9pm-2am 📍 - Le Planay

€ Free of charge.

*Club Charbon X Alta X Imported Paris. We are waiting for you to groove with our favorite DJs. Stay tuned for many dates coming up !*

☎ +33 (0)4 79 38 13 75

## MONDAY JANUARY 20

### Little trappers outing

🕒 5pm-7pm 📍 Arrêt de bus du Rafour - Le Planay

€ One price: 17 € 👤 From 5 years old

*Come discover the life of mountain animals or look for clues of their passage in the forest near Planay. Outing for adults and children. Snowshoes and headlamps provided.*

☎ +33 (0)6 65 27 50 69

## TUESDAY JANUARY 21

### Visit of the Arêches sawmill 🚶

🕒 9.30am-11am 📍 Salle de la Mairie - Arêches

€ Adult: 6 € - Child 4 €

*Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill.*

<https://reservation.areches-beaufort.com/visite-de-la-scierie-d-areches-1-1.html>

### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison Roche - Beaufort

€ Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

*Come and visit the workshop and discover the specificity of donkey breeding (not there !), the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chez-mauricette.html>

### Workshop construction of an attic 🚶

🕒 11am-12pm 📍 Salle de réunion - Arêches

€ Adult: 6 € - Child 4 €

*Be involved in the construction of a Savoyard attic with Sophie, to understand the various steps up to the roof.*

☎ +33 (0)6 73 28 96 78

<https://reservation.areches-beaufort.com/atelier-construction-d-un-grenier-savoyard-1.html>

### Savoy Wine tasting

🕒 5pm-5.45pm 📍 L'Accord - Bar à vins et fromages - Arêches

€ Adult: 15 € compris vins et fromages 👤 From 18 years old

*Learn some secrets about winegrowing thanks to our tastings.*

☎ +33 (0)4 79 10 32 60

[www.hotel-les-ancolies.com/bar-vins-fromages](http://www.hotel-les-ancolies.com/bar-vins-fromages)

### Visit of the Beaufortain brewery

🕒 5pm-7.30pm 📍 Parking de la Serraz - Arêches

€ Free of charge.

*Discover the local brewery Birra Menta*

### Visit the Argentine cow farm

🕒 5.15pm-6.45pm 📍 Les Efforges - Arêches

€ Adult: 9 € - Child (3-12 years old) : 5 € - Free for children under 3 years old.

*The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.*  
<https://reservation.areches-beaufort.com/visite-de-ferme-du-gaec-de-l-argentine.html>

## WEDNESDAY JANUARY 22

### Cooking workshop

🕒 9.30am-1pm 📍 Salle des fêtes de Queige

€ One price: 6 €

*For this first Cooking Workshop of the year 2025, organized by the Beaufortain Animation Association, come and share a convivial moment and taste the meal made during this workshop. Carpooling possible from the AAB.*

☎ +33 (0)4 79 38 33 90

### Workshop decoration of wooden objects

🕒 3pm-6pm 📍 Salle de réunion - Arêches

*Children can customise small wooden objects that they can take home at the end of the workshop in exchange for a small financial participation.*

☎ +33 (0)6 73 28 96 78

### Discovering the village of Arêches

🕒 4pm-5.30pm 📍 Office de tourisme - Arêches

€ One price: 5 € à partir de 10 ans 👤 From 10 years old

*You already know the trails, but what about the village? From the church to the 1st tug-of-war, from the wash house to the traditional houses, Pascaline will help you discover 1001 stories and anecdotes. The resort will hold no secrets for you!*  
[www.areches-beaufort.com](http://www.areches-beaufort.com)

### The Shadow of the Hand

🕒 5pm-6pm 📍 Salle des Fêtes de Beaufort - Beaufort

€ Free entry.

*At the frontier of puppetry and digital arts, The Shadow of the Hand invites viewers on a visual, sound and poetic journey. Under the eyes of the viewer, the manipulator's hand flies over the sensors of the Koto, and constructs live this amazing narrative of images and sounds.*

☎ +33 (0)4 79 38 33 90

### Crazy Night with Dj Set " Le Fercle " Electro Funk

🕒 7pm 📍 La Terrasse d'Isa - Le Planay

*Join us with your friends for a crazy evening with Dj Set "Le Fercle " Electro Funk to enjoy our specialties Savoyardes (without reservation).*

☎ +33 (0)4 79 89 75 41

## THURSDAY JANUARY 23

### Visit of the Arêches sawmill

🕒 10am-11.30am & 5pm-6.30pm 📍 Salle de la Mairie - Arêches

€ Adult: 6 € - Child 4 €

*Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill.*

<https://reservation.areches-beaufort.com/visite-de-la-scierie-d-areches-1-1.html>

### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison Roche - Beaufort

€ Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

*Come and visit the workshop and discover the specificity of donkey breeding (not there !), the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chez-mauricette.html>

### Visit the Clemence Farm

🕒 3.30pm-5pm 📍 133 route des Prés - Beaufort

€ One price: 5 € - Free for children under 3 years old.

*Clémence welcomes you for the discovery of its goat herd in its pretty farm and will present you its cheeses with tasting and direct sale.*

☎ +33 (0)7 71 72 87 19

<https://reservation.areches-beaufort.com/visite-de-la-ferme-de-melle-clemence.html>

### Workshop construction of an attic 🧑🏫

🕒 4pm-5pm 📍 Salle de réunion - Arêches

€ Adult: 6 € - Child 4 €

*Be involved in the construction of a Savoyard attic with Sophie, to understand the various steps up to the roof.*

☎ +33 (0)6 73 28 96 78

<https://reservation.areches-beaufort.com/atelier-construction-d-un-grenier-savoyard-1.html>

### Evening tasting products at the farm

🕒 8pm-11pm 📍 Les Envers - Arêches

*Come and spend a friendly evening in a room arranged above the farm, with view on the animals.*

☎ +33 (0)6 78 88 47 44

### First evening of the comedy festival

🕒 8.30pm-11.30pm 📍 Chaudanne Hall - Arêches

€ One price: 15 €

*The young talents: La Gaille, Alfred H, Hugo Pêcheur, Alex en scène, Manuel Salmero and Magali Gio present a show of 10 to 12 min - Interact-e-buvette and vote for the audience award, followed by the show of Antoine Martin and presentation of the audience award.*

## FRIDAY JANUARY 24

### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison Roche - Beaufort

€ Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

*Come and visit the workshop and discover the specificity of donkey breeding (not there !), the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chez-mauricette.html>

### Visit the Farm of Cuvy 🧑🏫

🕒 10am-12pm 📍 Les Envers - Arêches

€ One price: 7 € - Free for children under 5 years old. 👤 From 2 years old

*Visit the farm and taste local products in a room fitted out above the stable overlooking the cows. , RV point at the farm with Mickaël.*

<https://reservation.areches-beaufort.com/visite-de-ferme-du-gaec-du-cuvy.html>

### Flash Tattoo day

🕒 10am-9pm 📍 La Maison Doron - Place de l'Eglise - Beaufort

👤 From 18 years old

*The Talented Jean Morte is back at Maison Doron for a day of tattoos, enjoy a little break on the terrace before or after your session.*

☎ +33 (0)4 79 38 33 18

### Visit of the Beaufortain brewery

🕒 5pm-7.30pm

📍 Parking de la

Serraz - Arêches

€ Free of charge.

*Discover the local brewery Birra Menta*

## 2nd Evening of the Comedy Festival

🕒 8.30pm-11.30pm 📍 Chaudanne Hall - Arêches

💶 One price: 19€ - 40 euros friday and saturday, 51 euros for 3 evenings.

*The young talents present a show of 10 to 12 minutes each before the show of Vincent Dusso. His universe is our daily life, our annoyances, our joys and our sorrows, with funny characters, pathetic or irritating!*

## AND ALSO

### Treasure hunt from the Bar "L'Accord"

📍 Arêches

💶 Free of charge. 👤 From 7 years old

*Walk in our lovely village, to discover having fun, regional wines and cheeses. The best part ? Trying to find the secret treasure, hidden by Victor, sommelier of the bar. With smartphone or tablet. Download the Baludik app. A course to do in all weather.*

☎ +33 (0)4 79 10 32 60

### Treasure under White Gold Part 2

👤 From 7 years old

*An orienteering games at the Cuvy ! Animation between a treasure hunt and a life-size escape game. Access by the Grand-Mont chairlift.*

☎ +33 (0)4 79 38 12 70

## Markets

Beaufort: Wednesday from 8 a.m. to 12 p.m.

Arêches: Tuesday from 4 p.m. to 7 p.m.

## Beaufort Library

Beaufort: Tuesday and Thursday from 5 to 7 pm  
Wednesday 9:30am – 12:30pm

Exhibition: Heroines Inks and watercolors by Gerardo Melendez

## Library of Arêches

Arêches: Monday and Friday 4:30pm – 6:30pm

## Beaufortain dairy cooperative - visit of the cellars

Opening every day from 9am to 11am and from 2pm to 5pm. departures every hour. 3€  
Other free visits every day.

## Yoga and Pilates classes

### Yoga and Pilates with Maud - Arêches

Studio in the heart of the village: 130 rue Sur Frachette.

Single rate: 15 € / course. Equipment provided.. From the age of 18.

Group and private classes from Sunday to Friday.

Online planning: vinyasa yoga, yin yoga, pilates.

Reservation required

**06 85 92 64 80 [www.maud-yoga.fr](http://www.maud-yoga.fr)**

## Beaufortain Brewery

5:00 pm-7:30 pm Tuesday and Friday at the Serraz parking lot – Arêches - Free.  
Come and discover the local beer, Birra Menta, in its production facility.

## Discovering the Earth and the stars with GEOCIEL

### **Landscape reading:**

Guided by our geologist, retrace the history of the formation of our landscapes, from the Alpine ocean to the last glaciation, by finding the clues that hide our mountains.

- Walk or snowshoe on the plateau of Cuvy.
- Alpine ski circuit (same time and place of RDV as the ESF courses, circuit according to level of skiing) ! 1h50 approx. Adult = 20 €/pers. Child 8 to 16 years old = 14€; Child (- of 8 years) free.

### **Astro Nights:**

Scientific and contemplative journey through space and time! Our astronomer will guide you through the constellations and their legends, his telescope will reveal the most beautiful jewels of the winter sky, from neighboring planets to distant galaxies. A hot drink will enhance your evening.

1h approx. Rates: Adult (8 years and +) = 15 €/pers; Child (- of 8 years) = free.

**[www.geo-ciel.com](http://www.geo-ciel.com) / [contact@geo-ciel.com](mailto:contact@geo-ciel.com) Tel. or SMS: 04 79 89 77 95 – 06 17 79 72 11**

## Paragliding baptisms with Carpe Diem

With a take-off and an easy landing, on foot or on skis, the flight is accessible from 7 years.

Accompanied by a professional State Certified Instructor, you will be comfortably settled to fully enjoy a contemplative flight that can end with some sensations if the desire takes you.. From 70€, PHOTOS AND VIDEOS OFFERED.

**06 19 80 18 99 [seb@ecolacarpediem.com](mailto:seb@ecolacarpediem.com)**

# This week in your cinema

## Cultural encounters and laughter summits

### Friday January 17

5:30pm **SUR UN PLATEAU D'ARGENT**

8:30pm **SVALBARD: montagnes sans crépuscule**



### Monday January 20

5:30pm **EN FANFARE**

8pm **CONCLAVE**



### Tuesday January 21

5:30pm **VINGT DIEUX**

### Thursday January 23

8:30pm **Les sommets du rire**  
**Antoine MARTIN** la soirée 15€

### Friday January 24

8:30pm **Les sommets du rire**  
**Vincent DUSSO** la soirée 19€

### Saturday January 25

8:30pm **Les sommets du rire**  
**JOVANY** la soirée 27€

**LES SOMMETS DU RIRE** DU 23 AU 25 JANVIER 2025

21<sup>e</sup> FESTIVAL INTERNATIONAL DE L'HUMOUR

**JOVANY** SAMEDI 25 JANVIER

**VINCENT DUSSO** VENDREDI 24 JANVIER

**ANTOINE MARTIN** JEUDI 23 JANVIER

ARÈCHES - SALLE DE LA CHAUDANNE - 20H30

lessommetsdurire.com areches-beaufort.com 04 79 38 15 33

**Votre avis nous intéresse !**

Your opinion matters

You may have recently stayed in Arêches-Beaufort, and we thank you for your confidence. In order to better understand your expectations, we would like to gather your impressions on this last holiday. Therefore, we would appreciate it if you could take some time to complete the questionnaire



Tourist Office: Arêches and Beaufort  
open daily from 9am-12pm/ 2pm - 6pm  
Contact tourist office: 04 79 38 37 57



scannez-moi  
scan me