



What's on?

**EVENT SCHEDULE**

WINTER 2024-2025



## BEAUFORTAIN GUIDES OFFICE

Registration at the Tourist Office of Arêches-Beaufort

or [www.areches-beaufort.com](http://www.areches-beaufort.com)

permanence every Sunday at the skiset store – Place du Capitaine Bulle - 18h

More information: 04 79 38 37 57 and [info@areches-beaufort.com](mailto:info@areches-beaufort.com)

Ski touring, climbing the Grand Mont	Tuesday February 25 from 8.30 am to 1.30 pm	95€ provide ski (or hiker) pass
Ski touring - level development	Wednesday February 26 at 8:30	95 €

Other Outings (Free ride / cascades de glace) in private packages on request. Contact: 06 48 90 49 39



## BEAUFORTAIN RANDONNEE – Snowshoeing

Guided tours in the mountains.

Information and registration at the Tourist Office

Contact person for information: 06 70 91 29 11



<b>Monday 24</b>	<b>2pm – 4 pm</b>	<b>Initiation, discovery Chalets de Foliet (c)</b> sector Planay Rdv : ESF Planay level : discovery ascent :+100m Panorama,Chalets
<b>Tuesday 25</b>	<b>9:30am-11:45am</b>	<b>Discovery of the Plateau du Cuvy (s)</b> rdv summit chairlift Gd Mont level : discovery . Ascent : +100m Chairlift View Mt Blanc, Forest, footprints
	<b>2pm - 4:45pm</b>	<b>Alpage de Plan Villard (c)</b> sector Planay rdv : ESF Planay level : walking . Ascent: +350m Panorama, heritage, forest
<b>Wednesday 26</b>	<b>9:30 – 11:45</b>	<b>Walk in the valley of Chornais (c)</b> - Sector Le Planay RDV : ESF Planay. Level: Walk, ascent + 200m
<b>Thursday 27</b>	<b>9am – 4pm</b>	<b>Day Vallée de Roselend (t)</b> sector Roselend rdv:ESF Arêches level: rando ascent: +550m Carpooling Mont Blanc, panorama, forest
	<b>9:30am - 11:30am</b>	<b>Initiation, discovery Chalets de Foliet (s)</b> sector Planay Rdv ESF Planay level : discovery ascent :+100m Panorama,Chalets
<b>Friday 28</b>	<b>9:30am – 11:45am</b>	<b>Plateau du Bersend (c)</b> sector Bersend rdv: ESF Arêches niv: walk den: +150m Carpooling Wildlife, heritage, hamlet
	<b>2pm – 4:15pm</b>	<b>Discovery Plateau du Cuvy(c)</b> rdv summit chairlift Gd Mont niv: discovery den: +100m Chairlift View Mt Blanc, Forest, footprints

Group or private outing, we work together on the ride of your choice:

**06 14 59 69 63 - 06 86 31 78 05**

Rates: 1/2 day: from 30€. (- 15 years: 17€). Rate day: 45€ (-15 years 35€) .

Come to the meeting place with your equipment. Return times given for information purposes.

Depending on the conditions, the location of the hike may be changed.

## PHOTOGRAPHER

The photographers of Cap sur Image invite you to meet them either during ski lessons supervised by ESF instructors, or for a family photo taken on appointment, or at the bottom of the ski slopes or at your chalet. Have a nice holiday! Cyril, Gaëlle and Thomas **06 81 01 97 64**

# WHAT'S ON THIS WEEK ?

From 22/02/25 to 28/02/25

## SUNDAY FEBRUARY 23

### Table tennis tournaments

🕒 5pm-6.30pm & 6.30pm-8pm 📍 Mill Hall - Arêches

€ Free of charge 👤 From 10 years old

*A little relaxation and competition in a friendly and friendly atmosphere. Equipment provided. Registration on site. 16 places maximum.*

### Table tennis tournaments

🕒 8pm-9.30pm 📍 Mill Hall - Arêches

€ Free of charge 👤 From 10 years old

*A little relaxation and competition in a friendly and friendly atmosphere. Equipment provided. Registration on site. 16 places maximum.*

## MONDAY FEBRUARY 24

### Jeannette the little cow 🐄

🕒 4.30pm-5.30pm 📍 Office de Tourisme d'Arêches - Arêches

€ Child 5 € 👤 From 4 to 6 years old

*Jeannette the cow tells you the secrets of her hectic life between alpine pastures and cowsheds during a participatory workshop! Reservations required by 11 a.m. on the day itself. Registration at the tourist office or online. Free admission for accompanying adults. <https://reservation.areches-beaufort.com/jeannette-la-vachette.html>*

### Wood traditional games 🎮

🕒 5pm-7pm 📍 Salle du Moulin - Arêches

€ Free of charge. 👤 From 4 years old

*Traditional wooden games and table tennis (balls and rackets provided) are at your disposal for a pleasant time. For young people... but also their parents! Without registration.*

### Visit the Argentine cow farm 🐄

🕒 5.45pm-7.15pm 📍 Les Efforces

€ Adult: 9 € - Child (3-12 years old) : 5 € - Free for children under 3 years old.

*The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.*

<https://reservation.areches-beaufort.com/visite-de-ferme-du-gaec-de-l-argentine.html>

### Little trappers outing

🕒 5.45pm-7.45pm 📍 Arrêt de bus - Le Planay

€ One price: 17 € 👤 From 5 years old

*Come discover the life of mountain animals or look for clues of their passage in the forest near Planay. Outing for adults and children. Snowshoes and headlamps provided.*

☎ +33 (0)6 65 27 50 69

## TUESDAY FEBRUARY 25

### Ski test avec Dynafit

🕒 9am-4pm 📍 Plateau du Cuvy - Domaine skiable - Arêches

€ Free of charge. 👤 From 12 years old

*Fond of ski, come and test our new range of touring skis. Beginner, experienced skier, this is the perfect opportunity to discover our skis and benefit from recommendations. No registration required! Please bring your ID.*

### Visit of the Arêches sawmill 🐼

🕒 9.30am-11am & 5pm-6.30pm

📍 Salle de réunion - Arêches

€ Adult: 6 € - Child 4 €

*Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill.*

<https://reservation.areches-beaufort.com/visite-de-la-scierie-d-areches-1-1.html>

### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison

Roche - Beaufort

€ Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

*Come and visit the workshop and discover the specificity of donkey breeding, the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chez-mauricette.html>

## Welcome and information on the slopes with the dairy cooperative

- 🕒 10am-3pm
- 📍 Plateau du Cuvy - Arêches
- € Free of charge.

Go to the plateau of Cuvy, for a reception of the tourist office outside with the dairy Cooperative for tasting Beaufort cheese! Information, documentation, sale of items and hot chocolate offered! Loan of balance bikes for - 5 years.

## Workshop construction of an attic

- 🕒 11am-12pm & 4pm-5pm
- 📍 Salle de réunion - Arêches
- € Adult: 6 € - Child 4 €

Be involved in the construction of a Savoyard attic with Sophie, to understand the various steps up to the roof.

<https://reservation.arches-beaufort.com/atelier-construction-d-un-grenier-savoyard-1.html>

## Savoy Wine tasting

- 🕒 5pm-5.45pm
- 📍 L'Accord - Bar à vins et fromages - Arêches
- € Adult: 15 € compris vins et fromages
- 👤 From 18 years old

Learn some secrets about winegrowing thanks to our tastings.

☎ +33 (0)4 79 10 32 60

[www.hotel-les-ancolies.com/bar-vins-fromages](http://www.hotel-les-ancolies.com/bar-vins-fromages)

## Visit of the Beaufortain brewery

- 🕒 5.30pm-7.30pm Tuesday, Thursday, Friday
- 📍 Parking de la Serraz - Arêches
- € Free of charge.

Discover the local brewery Birra Menta

## Visit the Argentine cow farm

- 🕒 5.45pm-7.15pm
- 📍 Les Efforces
- € Adult: 9 € - Child (3-12 years old) : 5 € - Free for children under 3 years old.

The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.

<https://reservation.arches-beaufort.com/visite-de-ferme-du-gaec-de-l-argentine.html>

## All public show : Faces under the sky

- 🕒 6pm-6.45pm
- 📍 Salle de la Chaudanne
- € One price: 3 € - Free for children under 2 years old.
- 👤 From 3 years old

Performance - Circus - Juggling - Dance - Physical Theatre - Visual Poetry - Humor - Japanese Masks

Faces expresses different visions of existence through the express metamorphoses of a man in his circus.

The 5 senses are in exercise, forms of objects that animate, multiply, dynamic movements from which emerge a feeling of intense life in a solid connection with the spectators who create the sensitive space...

## Vigil of yesteryear at the accordion to the Terrasse d'Isa

- 🕒 7pm
- 📍 3001 route du Planay - Le Planay

Vigil of yesteryear with our magician-accordionist Christophe Gachet. Very friendly atmosphere. All-you-can-eat : Mojito and Raclette Party.

☎ +33 (0)4 79 89 75 41

## WEDNESDAY FEBRUARY 26

### Beaufort Market

- 🕒 8am-12pm
- 📍 Covered market hall - Beaufort
- € Free of charge

In the company of Tof at the accordion to liven up your market, you will find more than 20 traders to fill your basket: fruits, vegetables, meat, charcuterie, poultry, fish, cheeses...as well as ready-to-wear, jewelry, bazaars, souvenirs.

### Maple taffy on snow

- 🕒 3pm-6pm
- 📍 Office de tourisme d'Arêches
- € One price: 5 € par groupe
- 👤 From 2 years old

Children love this specific activity of our Quebec cousins! You will learn how to make your own mapple taffy. Registration required, group of 5 people max.

### Workshop decoration of wooden objects

- 🕒 3pm-6pm
- 📍 Salle de réunion - Arêches

Children can customise small wooden objects that they can take home at the end of the workshop in exchange for a small financial participation.

☎ +33 (0)6 73 28 96 78

### Fun visit of Arêches village

🕒 4.30pm-6pm 📍 Devant l'Eglise d'Arêches - Arêches

💰 One price: 5 € - Free for children under 5 years old.

*Do you know what a bottaculus is used for? Or what is an anchor? Come and meet Eugénie, Maxime and their friends, and find out what life was like in the old days!*

*Ideal for families aged 7 and over.*

*Registration before 12 noon. RDV in front of Arêches church*

<https://reservation.areches-beaufort.com/visite-ludique-du-village-d-areches.html>

### Visit the Argentine cow farm 🧑🏻🧑🏻

🕒 5.45pm-7.15pm

📍 Les Efforces

💰 Adult: 9 € - Child (3-12 years old) : 5 € - Free for children under 3 years old.

*The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.*

<https://reservation.areches-beaufort.com/visite-de-ferme-du-gaec-de-l-argentine.html>

### Relaxation and deep relaxation to the sound of the harp

🕒 6pm-7pm 📍 Le Hameau des Champs - 280 route de Coutalon - Arêches

💰 One price: 10 € 🧑🏻 From 18 years old

*Caroline, Hatha-Yoga and Yoga Nidra teacher, welcomes you for a deep and guided relaxation session to the sound of Katherine's Harp, flutist and harpist. Material supplied.*

☎ +33 (0)6.72.22.90.81

### Odyssey of Lights - Suspension travel

🕒 6.45pm-7.30pm 📍 Place Berthod - Les Saisies

💰 Free access.

*This show is a unique creation created for the Saisies resort. It is born from a 1000m square aerial stage where the art of tightrope walking and the magic of aerobatics meet. A highline performance that should not be missed!*

☎ +33 (0)4 79 38 90 30

### Concert with Club Charbon chez Dédé

🕒 10pm-1am 📍 - Arêches

💰 Free of charge.

*Organized with the Alta Club, Chez Dédé pub, receives Club Charbon (House - Bass - Electro House) present at several times in the resort this winter. Come in large numbers!*

## THURSDAY FEBRUARY 27

### Visit of the Arêches sawmill 🧑🏻

🕒

10am-11.30am &

5pm-6.30pm

📍 Salle de réunion - Arêches

💰 Adult: 6 € - Child 4 €

*Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill.*

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### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison

Roche - Beaufort

💰 Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

*Come and visit the workshop and discover the specificity of donkey breeding, the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chef-mauricette.html>

### Visit the Clemence Farm

🕒 3.30pm-5pm

📍 133 route des Prés - Beaufort

💰 One price: 5 € - Free for children under 3 years old.

*Clémence welcomes you for the discovery of its goat herd in its pretty farm and will present you its cheeses with tasting and direct sale.*

☎ +33 (0)7 71 72 87 19

<https://reservation.areches-beaufort.com/visite-de-la-ferme-de-melle-clemence.html>

### Torchlights descent at Le Planay 🧑🏻

🕒 5pm-7pm 📍 Front de neige - Le Planay

.Torchlight descent for children: euros6 (torch purchased on site+ supervision). 🧑🏻 From 3 years old

*Hot drink tastings offered by the Tourist Office and sale of crêpes for the benefit of School parents association. Free Pauses ski lift from 5 p.m. to 6 p.m. Then family's torchlight descent supervised by the ESF. Free return by skibus.*

### Travel in the winter mountain

🕒 5.40pm-6.30pm 📍 Front de neige - Le Planay

💰 Free of charge.

*How did the farmers work with all this snow? How has skiing evolved? Les Arêchois and Arêchoises offer you an evening to discover the old skis and ancient know-how that rhythmically the cold winters of yesteryear.*

### Visit the Argentine cow farm

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### Concert Apéro with Will, Johnny and Lauren

🕒 7.30pm-0am 📍 Bar l'Accord

💶 Free of charge.

*The Bar l'Accord offers us for this evening a nice concert of three French artists, accomplices, cheerful and talented. They will play us an international pop/folk repertoire, perfectly in the air of the time: Incredibly addictive!*

### Evening tasting products at the farm

🕒 8pm-11pm

📍 Les Envers - Arêches

*Come and spend a friendly evening in a room arranged above the farm, with view on the animals.*

☎ +33 (0)6 78 88 47 44

## FRIDAY FEBRUARY 28

### At Mauricette coffee concept workshop

🕒 10am-11.30am

📍 Place Frison

Roche - Beaufort

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*Come and visit the workshop and discover the specificity of donkey breeding, the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.*

☎ +33 (0)6 78 86 09 00

<https://reservation.areches-beaufort.com/visite-de-la-savonnerie-chez-mauricette.html>

### Visit the Farm of Cuvy

🕒 10am-12pm

📍 Les Envers - Arêches

💶 One price: 7 € - Free for children under 5 years old. 👤 From 2 years old

*Visit the farm and taste local products in a room fitted out above the stable overlooking the cows. , RV point at the farm with Mickaël.*

<https://reservation.areches-beaufort.com/visite-de-ferme-du-gaec-du-cuvy.html>

### Workshop decoration of wooden objects

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☎ +33 (0)6 73 28 96 78

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Serraz - Arêches

📍 Parking de la

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*Discover the local brewery Birra Menta*

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### Signing and screening of the film about Marie Bochet

🕒 7.30pm 📍 Hôtel la Roche - Beaufort

💶 Free of charge.

*An evening with Marie, an alpine ski athlete with an impressive record, for a book signing session of her book 'Mon p'tit doigt m'a dit' (sale of the book on site with the Arêches Press) followed by the screening of the film 'Makes the snow sing'.*

☎ 00 33 4 58 23 02 22

## Markets

In Beaufort: Wednesday from 8 am to 12 pm

In Arêches: Tuesday from 4 pm to 7 pm

### Beaufort Library

Tuesday and Thursday 5pm -7pm .  
Wednesday 9.30 am to 12.30 pm

Exhibition: Heroines Inks and watercolours by Gerardo Melendez at the Beaufort Media Library

### Library of Arêches

Monday, wednesday and Friday  
from 4.30 pm to 6.30 pm

## Beaufortain dairy cooperative - visit of the cellars

Open every day except Tuesday and Saturday from 9am to 11am and 2pm to 5pm.  
departures every hour. 3€  
Other free visits every day.

## Cours de Yoga et Pilates

### Yoga and Pilates with Maud - Arêches

Studio in the heart of the village: 130 rue Sur Frachette

Single rate: 15 € / course. Equipment provided.  
From the age of 18.

Group and private lessons from Sunday to Tuesday.  
Online planning: vinyasa yoga, yin yoga, pilates.

Reservation required

**06 85 92 64 80 [www.maud-yoga.fr](http://www.maud-yoga.fr)**

### Pilates/ Stretching/ Yoga with Caroline – Arêches

Le Hameau des Champs - 280 route de Coutalon  
at 6pm. Price: 8€ / 45 min, from 18 years.

Every day except Wednesday and thursday

Unleash the potential of your body, flexibility, mobility,  
balance and breathing.

**06 72 22 90 81**

## Discovering the Earth and the stars with GEOCIEL

### Landscape reading:

Guided by our geologist, retrace the history of the formation of our landscapes, from the Alpine ocean to the last glaciation, by finding the clues that hide our mountains.

- Walk or snowshoe on the plateau of Cuvy.
- Alpine ski circuit (same time and place of RDV as the ESF courses, circuit according to level of skiing) ! 1h50 approx. Adult = 20 €/pers. Child 8 to 16 years old = 14€; Child (- of 8 years) free.

### Astro Nights:

Scientific and contemplative journey through space and time! Our astronomer will guide you through the constellations and their legends, his telescope will reveal the most beautiful jewels of the winter sky, from neighboring planets to distant galaxies. A hot drink will enhance your evening.

1h approx. Rates: Adult (8 years and +) = 15 €/pers; Child (- of 8 years) = free.

**[www.geo-ciel.com](http://www.geo-ciel.com) / [contact@geo-ciel.com](mailto:contact@geo-ciel.com) Tel. or SMS: 04 79 89 77 95 – 06 17 79 72 11**

## Paragliding baptisms with Carpe Diem

With a take-off and an easy landing, on foot or on skis, the flight is accessible from 7 years.

Accompanied by a professional State Certified Instructor, you will be comfortably settled to fully enjoy a contemplative flight that can end with some sensations if the desire takes you.. From 70€, PHOTOS AND VIDEOS OFFERED.

06 19 80 18 99 [seb@ecolacarpediem.com](mailto:seb@ecolacarpediem.com)

# This week in your cinema

## Friday february 21

3pm	God save the Tuche
6pm	God save the Tuche

## Sunday february 23

6pm	Paddington au Pérou
8pm	Captain America: Brave New World

## Monday february 24

3pm	God save the Tuche
6pm	God save the Tuche
8pm	Un parfait inconnu

## Tuesday february 25

TARIF UNIQUE 3€

6pm	Spectacle tout public : Face under the Sky (Humour et jonglerie)
8:15	MARIA

## Wednesday february 26

3pm	Paddington au Pérou
6pm	Paddington au Pérou
8pm	Bridget Jones: Folle de lui

## Thursday february 27

6pm	L'ATTACHEMENT
8pm	La pie voleuse

## Friday february 28

3pm	God save the Tuche
6pm	God save the Tuche



### TARIFS

Normal : 7,50 €	Reduced: 5,50 €	6 pass card: 33 €
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Accepted payment: CB, Cheques, Holiday Vouchers, Cash

**Votre avis nous intéresse !**  
Your opinion matters



scannez-moi  
scan me

Colour codes		
National outing	Last screening	In case of rain

Cinema La Chaudanne in the village of Arêches.  
Movies start at the indicated time

You may have recently stayed in Arêches-Beaufort, and we thank you for your confidence. In order to better understand your expectations, we would like to gather your impressions on this last holiday. Therefore, we would appreciate if you could take some time to complete the questionnaire



Tourist Office: Arêches and Beaufort  
open daily from 9am-12pm/ 2:30 pm-6:30pm  
Contact tourist office: 04 79 38 37 57

The Animascope and the cinema programme are non-contractual documents, the information is indicative.